U.S. Department of Labor
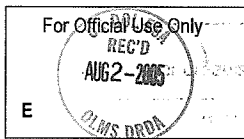Office of Labor-Management
Standards,
Washington, DC 20210

FORM LM-30
LABOR ORGANIZATION OFFICER AND
EMPLOYEE REPORT

Form approved
Office of Management
and Budget
No. 1215-0188
Expires 11-30-2006

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.

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REC'D
AUG 2 - 2005
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READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

1. File Number U - 012194 4357	2. Fiscal Year Covered From: 1 / 1 / 2004 Through: 12 / 31 / 2004

3. Name and address of person filing.	4. Name, file number, and address of labor organization.
Name Thomas Heider	Name Teamsters Local Union 110
	Labor Organization File Number 012-194
P.O. Box, Bldg., Room No., if any P.O. Box 180	P.O. Box, Building and Room Number, if any P.O. Box 180
Street	Street
City Ebensburg	City Ebensburg
State Pennsylvania ZIP Code + 4 15931	State Pennsylvania ZIP Code + 4

5. Position in labor organization. President / Business Manager, Sec + Treas,

Enter appropriate data below If, during the past fiscal year, you or your spouse or minor child directly or indirectly had any of the following interests
(except as specified in the exclusions set forth in the instructions):

A. Held an interest in, engaged in transactions (including loans) with, or derived income or other economic benefit of monetary value **from an employer whose employees your organization represents** or is actively seeking to represent.

6. Name and address of Employer (including trade name, if any).	7.a. Nature of Interest, Transaction, or Income.
Name Teamsters' Industry Welfare Fund	Payment of airare, transportation, hotel, seminar tuition, and meals at trustee educational conference (IFEBP Seminar 11/29/04 - 12/5/04).
Trade Name, if any:	
P.O. Box, Bldg., Room No., if any	
	7.b. Amount.
Street 3025 Washington Road	
City McMurray	$3,967
State Pennsylvania ZIP Code + 4 15317	

Signature

15. Signature and verification. The undersigned declares, under penalty of Perjury and other applicable penalties of the law, that all of the information submitted in this report (including the information contained in any accompanying documents), has been examined by the signatory and is, to the best of the undersigned's knowledge and belief, true, correct, and complete. (See the section on penalties in the instructions.)

Signed _Thomas N. Heider_   On 7/13/2005   814-472-6646
Date   Telephone Number

Name of Person Filing Thomas Heider	File Number **U-**

B. Held an interest in or derived income or economic benefit with monetary value **from a business** (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested.

8. Name and address of Business (including trade name, if any).

Name

Trade Name, if any:

P.O. Box, Bldg., Room No., if any

Street

City

State   ZIP Code + 4

9. Business deals with:

- [ ] a. Labor Organization
- [ ] b. Trust
- [ ] c. Employer

10. If 9.b. or 9.c. is checked give trust or employer's name.

Name

Trade Name, if any:

P.O. Box, Bldg., Room No., if any

Street

City

State   ZIP Code + 4

11.a. Nature of such dealing.

11.b. Approximate dollar value of such dealing.

12.a. Nature of interest held or income received.

12.b. Amount.

C. Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value.

13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).

Name

Trade Name, if any:

P.O. Box, Bldg., Room No., if any

Street

City

State   ZIP Code + 4

14.a. Nature of payment.

13.b. Is the Business an Employer [ ]   or Consultant [ ]   ?

14.b. Amount of payment.

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Part A Continuation Page

A. Held an interest in, engaged in transactions (including loans) with, or derived income or other economic benefit of monetary value from an employer whose employees your organization represents or is actively seeking to represent.

6. Name and address of Employer (including trade name if any).

Name   Teamsters' Industry Welfare Fund

Trade Name, if any:

P.O. Box, Bldg., Room No., if any

Street   3025 Washington Road

City   McMurray

State   Pennsylvania   ZIP Code + 4 15317

7.a. Nature of Interest, Transaction, or Income.

Pro-rata share of meeting expenses including breakfast and lunch for 2/3/2004 Board of Trustees Meeting of the Pension Fund.

7.b. Amount.

$38

A. Held an interest in, engaged in transactions (including loans) with, or derived income or other economic benefit of monetary value from an employer whose employees your organization represents or is actively seeking to represent.

6. Name and address of Employer (including trade name if any).

Name   Teamsters' Industry Welfare Fund

Trade Name, if any:

P.O. Box, Bldg., Room No., if any

Street   3025 Washington Road

City   McMurray

State   Pennsylvania   ZIP Code + 4 15317

7.a. Nature of Interest, Transaction, or Income.

Pro-rata share of meeting expenses including breakfast and lunch for 8/24/2004 Board of Trustees Meeting of the Pension Fund.

7.b. Amount.

$37

A. Held an interest in, engaged in transactions (including loans) with, or derived income or other economic benefit of monetary value from an employer whose employees your organization represents or is actively seeking to represent.

6. Name and address of Employer (including trade name if any).

Name   Teamsters' Industry Welfare Fund

Trade Name, if any:

P.O. Box, Bldg., Room No., if any

Street   3025 Washington Road

City   McMurray

State   Pennsylvania   ZIP Code + 4 15317

7.a. Nature of Interest, Transaction, or Income.

Pro-rata share of meeting expenses including breakfast and lunch for 11/23/2004 Board of Trustees Meeting of the Pension Fund.

7.b. Amount.

$35

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Add New Part A